



**PARENT  
CUE**



**HIGH SCHOOL**



## **WEEK 1**

**JAMES 1:13-14, 16**

Temptation isn't from God. Look for the hook to avoid getting caught in temptation's trap.

## **WEEK 2**

**JAMES 1:13-17**

When you start to get dragged away by your own desires, look to God for a way out of temptation.

## **TALK ABOUT THIS**

**WEEK 1:** Teen brains often run on impulses, which mean they don't always have access to their best decision making skills. Have a conversation with your teen about risky situations and discuss different scenarios. Encourage them to think through all possible outcomes and come up with their own plan of what to do. Teens make better choices when they've have time to think through them ahead of time.

**WEEK 2:** As your high schooler begins to make more of their own decisions, keep lines of communication open by letting them know you love them no matter what. Ask your teenager what temptations they see their friends and classmates struggling with. Remain non-judgmental to create a relationship where your teen feels safe to talk to you and get your input about what's happening in their world.

## **REMEMBER THIS**

*So don't be misled, my dear brothers and sisters. Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.*

James 1:16-17 NLT



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## HIGH SCHOOL

### DO THIS



#### MORNING TIME

Thank your teen for something this morning. Start with this: "It makes mornings easier when you \_\_\_\_\_" (fill in the blank) and then end with a "thank you." Teens are often so used to being corrected (by parents, coaches, teachers) that they disengage completely. Turn the tables and surprise them with a genuine word of encouragement.



#### MEAL TIME

Over a meal this week, ask your teen what social justice or political issue they're currently interested in. Then ask follow up questions about it. Ask what they recommend watching or reading so you can be more informed. By doing this, you're showing your teen that their interests matter.



#### THEIR TIME

The sun is out and so is your teen. The next time your teen goes outside to work on their tan, catch some waves, shoot hoops, or practice their soccer shots, head outside and offer them a Gatorade, a bottle of water, or their favorite iced coffee. Step into their vitamin D soaked day and ask, "Hey, can I get you anything?"



#### BED TIME

Texts with teenagers tend to default to logistics. Texts like, "Don't forget to take sunscreen with you," and "Please go to bed before midnight," go with the parenting territory. One night this week, lighten things up and say good night to your teen with a funny text. Even if a sense of humor isn't your finest feature, your teen will appreciate the attempt!

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