

WEEK 1

JAMES 1:13-15 NIRV
Temptation tricks you.

WEEK 2

PSALM 51:9-10 NLT
Forgiveness frees you.

THINK ABOUT THIS

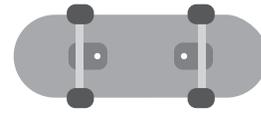
WEEK 1: Temptation can be tricky for middle schoolers. Resisting it requires a lot of self-awareness and self-control—both of which your kid is still developing at this age.

WEEK 2: Be patient with your middle schooler when you see them grappling with temptation. Remember that things like consequences & forgiveness may seem clear to you, but are much more abstract and complex to them.

REMEMBER THIS

So don't be misled, my dear brothers and sisters. Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.

JAMES 1:16-17 NLT



DO THIS



MORNING TIME

Share a story about a time that temptation tricked you in the past. Be honest with your student about how you felt, what you experienced, and how you found forgiveness so that you could walk forward in your life.



DRIVE TIME

Create a playlist full of songs about forgiveness. Take turns choosing songs that talk about or teach you something new about offering both mercy and grace to yourself and others.



MEAL TIME

Focus on letting something go this week! Buy biodegradable balloons and have each member of your family write something on their balloon that they need forgiveness for. Go outside and release the balloons together to physically represent the way you're letting whatever it is go from your heart.



BED TIME

Remind your middle schooler that you are a safe place for them to turn to when they find themselves in tempting situations. Choose a code word that your kid can use to let you know they're in a situation they don't need to be in. Whenever they say or text that word, you'll show up to get them out . . . no questions asked.

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