



**Week of May 9, 2021**

**Discussion Questions:**

1. Share a time when you gave into temptation:
  - a. What tempted you to create that mess?
  - b. When was the moment you chose the path that led to a mess?
  - c. Who or what warned you about the mess?
  
2. Read 1 Corinthians 10:12-13a. What lie(s) does Satan want you to believe about your temptation? How does knowing someone else has already resisted that same temptation help you resist?
  
3. Reminding yourself that "God is faithful" helps to resist temptation. Think of a time when you gave into temptation. How might you have handled it differently if you had remembered this truth?
  
4. Read 1 Corinthians 10:13. God loves you enough to provide a way for you to resist temptation and avoid the mess. What could you do to remember God's care for you?
  
5. What guardrails have you put in place that help you resist temptation and avoid the mess? Share with your group some guardrails that you will begin. How can this group strengthen you when you face temptation?

## **Moving Forward**

A guardrail is a personal standard of behavior that becomes a matter of conscience. Guardrails are how you pre-decide to protect yourself from temptation and not give in to the pressure. When temptation comes, it's always easier to manage a decision than make it. Spend some time writing down some guardrails for your life, then share them with someone in your group.

## **1 Corinthians 10:12-13**

So, if you think you are standing firm, be careful that you don't fall! <sup>13</sup>No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear.

But when you are tempted, he will also provide a way out so that you can endure it.