

# PARENT *unscripted*

**Week of September 19, 2021**

**Discussion Questions:**

1. Take a moment and think about the pace of your family life over the last 2 weeks? How would you describe it? How do you think your children would describe it?
2. Read Ephesians 6:4. Discuss the contrast between exasperating and nurturing.
3. Paul said, "More than right 'things,' children need the right 'relationships.'" Why do you think we default so often to things over relationships?
4. Read Deuteronomy 6:6-9. How does this rhythm and routine develop a healthy family dynamic? Why was this needed in Moses' day? Why is it needed in our day?
5. When you think about creating the rhythm and routine in your family, what tension do you feel rising in you? Is that from shame, guilt, or exhaustion? What do you think God would say to you?
6. What is one next step you can take this week to create rhythm and routine in your home, regardless of your stage of life?

## **Moving Forward**

Our number one priority as a parent is to create a rhythm and routine that creates margin to train the heart of our children. Download the Parent Cue app (free) and link it to RCC. Follow the prompts that will “cue” you as a parent.

### **Proverbs 4:23**

Above all else, guard your heart, for everything you do flows from it.

### **Ephesians 6:4**

Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

### **Deuteronomy 6:6-9**

“These words, which I am commanding you today, shall be on your heart. <sup>7</sup>“You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up. <sup>8</sup>“You shall bind them as a sign on your hand and they shall be as frontals on your forehead. <sup>9</sup>“You shall write them on the doorposts of your house and on your gates.