



Week of November 28, 2021

Discussion Questions:

1. Think of a “narrative” you were told as a child that turned out to be false. It might have been something like: “[*group of people*] will always do [*behavior*]” or “never trust [] because they []”.
2. Discuss how our narratives relate to comparison. How do the conversations in our heads often turn to comparison? Why does that happen?
3. Read 2 Corinthians 10:3-4. When you think about “divine power to demolish strongholds” what image comes to mind? How does this statement give you courage, especially knowing that God’s Spirit resides in every believer?
4. Read 2 Corinthians 10:5. Define arguments and pretense. How do arguments and pretense keep you from focusing on God’s truth? What does this verse give us as the solution?
5. What does it mean to “take every thought captive”? What have you found helpful living that out?

6. *[In a group setting, break up into groups of 2-3 people].* Share a narrative that you recognize by finishing this sentence: "What do you tell yourself about...?" Ask for help to identify God's truth to replace the lie. Spend time praying for each other.

Moving Forward

For the next two weeks, keep a notepad and write down narratives that come to your mind. Talk to a friend about them or ask yourself if this agrees with what God says. Make the commitment to take every false thought captive and make it line up with what Jesus says about you. Pay attention to your narratives and choose to replace the lies with truth because what you believe defines you and drives you.

2 Corinthians 10:3-5

For though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.