



Week of November 7, 2021

Discussion Questions:

1. On a scale of 1 to 10 (1 being extremely dissatisfied and 10 being completely satisfied), rate how content you are with your life in the following categories:

Looks _____	Education _____	Popularity _____
Opportunities _____	Faith _____	Relationships _____
Car _____	Fun _____	Talent _____
Home _____	Style _____	

2. Why is it so easy for us to assume that other people have achieved tens in those categories, while we're falling short? How does comparison usually make us feel?
3. How would you fill in the blank? *"As soon as I get _____, then I'll have what I want."*
4. Read Philippians 4:10–13. Does the idea of being able to do all things through Christ who gives you strength sound too simple? Why or why not?

5. Think about one of the categories in the first question for which you gave yourself a low rating. What would it look like for you to be more concerned with God's leading in that area?

6. What is one thing you can do this week to figure out what God is calling you to do? How can this group help you figure that out and encourage you to follow through so you can find contentment by allowing God to lead you?

Moving Forward

You can't be happy if there's always more you're looking for. You can't care about or serve others if you're always measuring your life against theirs. You can't be at peace with what you have when you always want what someone else has. What you need and what I need is to learn the secret of contentment. It's the only way to stop peering over the fence and to start enjoying the life you have.

Philippians 4:10-13

I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. ¹¹I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹²I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³I can do all this through him who gives me strength.