



# SERMON DISCUSSION

## Who Will Rescue Me

### Quotable Moments:

- You are ungodly. You're in good company.
- Jesus, I can't fix me, but I believe you can. I give you my life.

### Key Things You Heard:

- It's impossible to solve a problem if you don't know what's causing the problem.
- Romans 7:15-19, I do not understand what I do. For what I want to do, I do not do, but what I hate, I do. 16 And if I do what I do not want to do, I agree that the law is good.
- You can't fix you, because there is something in you that's not supposed to be there. You have a sin nature in you and there is nothing good in or about that sin nature.
- Jesus died to take the penalty of sin and break the power of sin.
- While we were still powerless -- Jesus died for us.
- Sin doesn't have to be our master.

**Pray:** Jesus, I admit I am powerless over my sin. I admit that my life is unmanageable when I try to control it. Help me this day to understand the true meaning of powerlessness. Remove from me all of my denial. Help me to know how to daily follow you. In Jesus' name, Amen.

### Moving Forward:

- Memorize Romans 5:8.
- Write out a personalized version of Romans 5:8 using your name.
- Re-watch and/or share the sermon with a friend. Go to [rivertown.cc](http://rivertown.cc) or the RCC App.

### Questions for Group Discussion:

**First Minutes:** Share about a time you identified a problem but did not yet know what was causing the problem. What kind of tension did that cause for you?

- Have 2-3 people Read Romans 7:15-16. Vary inflection and tone to how you think the Apostle Paul would sound if he were speaking to you.
- Reading Romans 7:15-19, how does this change how you think about your sin? Do you agree with his description of the war inside us?
- Read Romans 5:6-8. What does he mean by "at just the right time"? Have you ever felt powerless over your sin? Where does our power over sin come from?
- Read Romans 7:24-25. Discuss the contrast between Paul's description of himself in verse 24 to his gratitude and victory in verse 25.
- Discuss how Jesus took the penalty of sin (death) and broke the power of sin. Which of these do you need to be reminded of the most?
- Why is it important to acknowledge that we are powerless to fix our sin problem and need a Savior? How does telling God start us on a journey to have victory over sin?