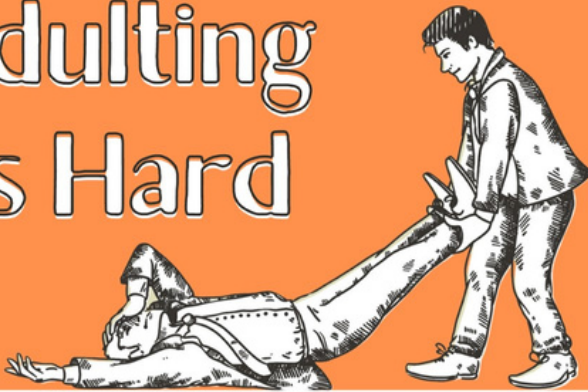


Adulthood Is Hard



SERMON DISCUSSION

Conflict Free

Quotable Moments:

- It's what rattles around inside our hearts that keeps us from adulthood well.
- Peace always comes with a price tag. The price of peace is your pride.

Scripture: James 4:1-2, 6

Key Things You Heard:

- It's what rattles around inside our hearts that keeps us from adulthood well.
- Our ability to get along with one another is a sign of how well we follow Jesus. It's what love requires of us.
- You can't solve a problem if you're not clear about the problem.
- If I let my pride get between you and me, then God is going to stand against me.
- The only appropriate response to conflict is humility.
- 1) Pray about it. 2) Own your part. 3) Talk to them.

Pray: Jesus, thank you for your grace extended to me. Forgive me for the sin of pride. I now understand that my pride keeps me from experiencing your grace. Help me to follow your example of humility. Help me to own my part of any conflict and have the healthy conversations needed. In Jesus' name, Amen.

Moving Forward:

- Pray about it. Own your part. Talk to them.
 - Talk to a trusted mentor or group leader about your struggle with a conflict.
 - Make a list of the things God has forgiven you for.
 - Re-watch and/or share the sermon with a friend.
- Go to rivertown.cc or the RCC App.

Questions for Group Discussion:

First Minutes: What do you like least about adulthood? What happened this week that made you say "adulthood is hard"?

- What do we normally think of as the cause of fights and quarrels? Where do we assign the blame?
- Read James 4:1-2. How does this get to the heart issue? Think of a recent fight or quarrel you had? What desire of yours did not get met?
- Read James 4:6. What are some ways that God might oppose you? Why do we need to receive God's grace when we are in conflict?
- Paul said, "The only appropriate response to conflict is humility." Hearing this, what arguments rise to the surface in your mind? What do you think Jesus would say?
- If you were really honest, how would you answer the following question: What conflict have you been avoiding that you need to address? First, pray about it. Second, ask what you can do to own your part, with humility? Third, go talk to them?
- How can this group pray for you?