



# SERMON DISCUSSION

## But I Thought...

### Quotable Moments:

- You will either take your thoughts into captivity, or your thoughts will take you into captivity.

**Scripture:** Ephesians 6:10-11, 2 Corinthians 10:3-5, Philippians 4:8-9

### Key Things You Heard:

- There is an invisible spiritual world that impacts our visible world.
- Satan's agenda is the destruction of human life, and how he accomplishes that is through deception.
- You will either take your thoughts into captivity by the Word of God -- or your thoughts will take you into captivity.
- Three words to apply: Identify > Reject > Replace

**Pray:** Father, thank you for giving me divine power to demolish strongholds. Help me to become more aware of Satan's scheme - to deceive so he can destroy. I recognize my tendency to sin and to be drawn into sin, through Satan's deception. Help me to daily fill my thoughts with your truth, so that I can win this spiritual battle for my thoughts.  
In Jesus' name, Amen.

### Moving Forward:

- Memorize Philippians 4:8-9.
- What is a stronghold (negative thought pattern) that you need to - Identify > Reject > Replace?
- Re-watch and/or share the sermon with a friend. Go to [rivertown.cc](http://rivertown.cc) or the RCC App.

### Questions for Group Discussion:

**First Minutes:** What do you think of when you hear the term spiritual warfare? How aware of spiritual warfare have you been this week?

- Paul quoted a study that says we have 6,000 - 60,000 thoughts in a day. Discuss where you land in that range.
- Read Ephesians 6:10-11. What word or phrase stands out to you? Do these verses challenge you or encourage you, or invoke fear in you?
- Why is Satan's scheme to deceive so effective? How does knowing his battle plan help you prepare?
- Read 2 Corinthians 10:3-5. What is the difference between using the weapons of the world, and tapping into his divine power?
- Have someone share a lie or destructive thought pattern. Identify it, Reject it, and Replace it with truth. Have the group work together in this exercise to help each other apply this truth. Write it down, then repeat with another lie.
- What is your rhythm and pattern of reading and meditating on God's Word every day. Do you have a specific time, place, and plan? Share rhythms that have worked for you.